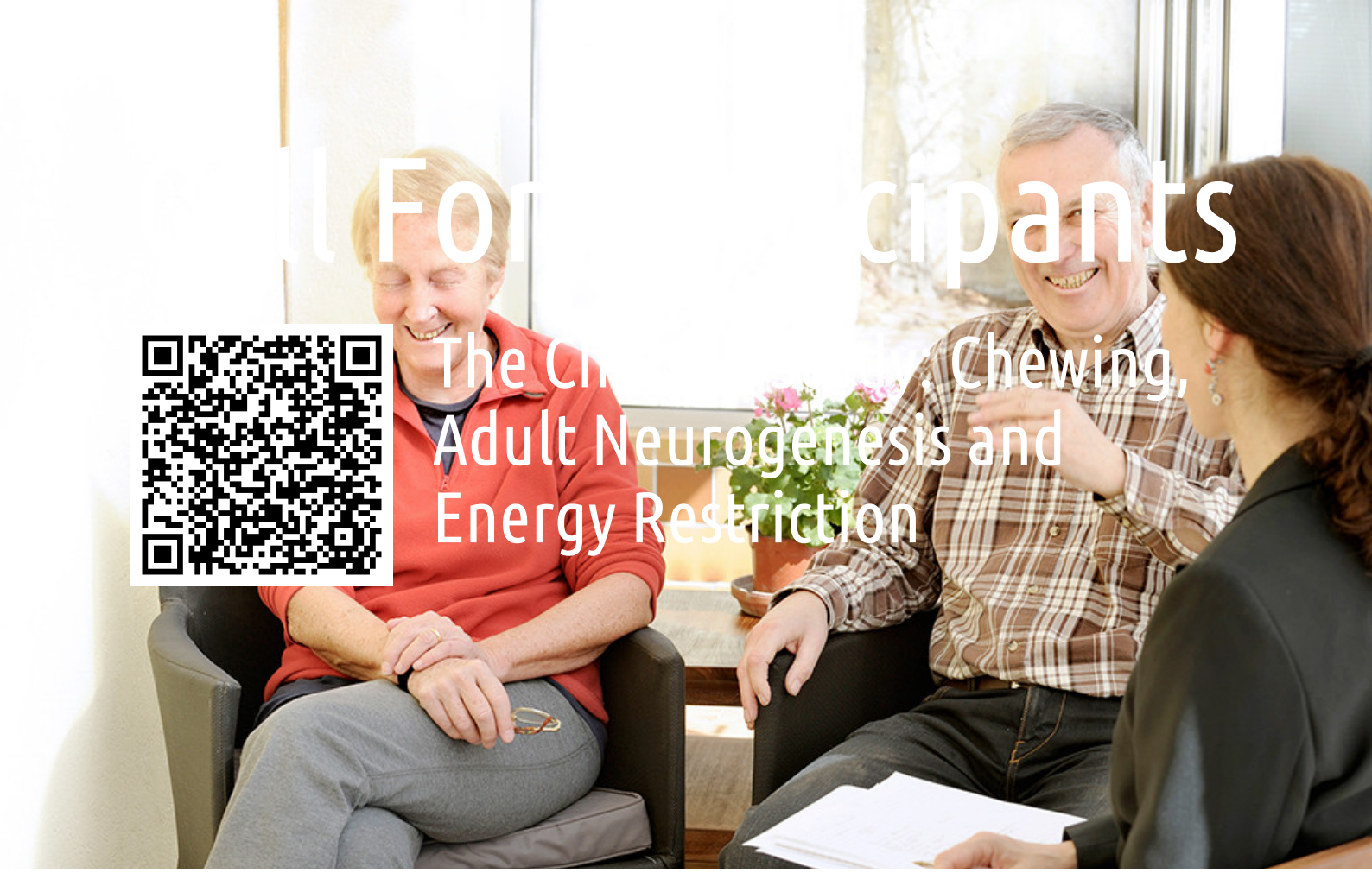

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The Ch : Chewing, Adult Neurogenesis and Energy Restriction

3 month(s) to complete

£75 + up to £10 travel expenses

Intervention Study

Franklin-Wilkins Building, 150 Stamford St, South Bank, Londor SE1 9NH, UK

King's College London

Hippocampal neurogenesis is the production of new brain cells, or neurons, in the area of your brain that is responsible for memory – called the hippocampus. Increases in this process may help to improve memory function. This study will investigate whether an intermittent energy restricted diet (e.g. 5:2 diet) and/or chewing can increase markers of adult hippocampal neurogenesis and a protein called Klotho which is associated with delayed ageing.

Find out more online

Poster printed on 06/05/2024 Study expires on 31/12/2018

More info

by scanning the QR code or visiting the URL

www.cfp.cc /UC98W3