

Call For Participants



The Thrive-B programme for
people experiencing Bipolar
Mood Swings



15 month(s) to complete

Travel expenses for research
appointments

Interview

Carlisle, UK

Lancaster University

This study looks at a talking therapy programme (called the Thrive-B programme) for people who have Bipolar Disorder or Cyclothymic Disorder, and experience frequent mood swings. The programme is aimed at helping people to stabilise day-to-day mood and to manage stress.

Find out more online

Poster printed on 03/05/2024

Study expires on 30/04/2018

More info

by scanning the QR code
or visiting the URL

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