

Call For Participants



Measurement of fuel stores in children on waking and after breakfast



12 hour(s) to complete



Cash



Experiment



Nottingham NG7 2RD, UK

University of Nottingham

Glycogen is the main storage form of carbohydrate in the body, and it is assumed that on waking children need to replenish these stores, which are depleted while sleeping, to start the day and perform well in physical and mental activities. However, we don't know how low these stores are in children in the morning and how quickly they can replenish them after eating. We will use a MRI scanner to assess muscle and liver glycogen content before and after sleeping, and after breakfast.

Find out more online

Poster printed on 24/10/2020 Study expires on 18/12/2020

More info

by scanning the QR code
or visiting the URL

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