

Call For Participants



Daytime sleepiness, snacking
and driving performance

6 hour(s) to complete

Prize draw for 1 of 6 £25 Amazon
vouchers

Experiment

Loughborough Design School,
Loughborough University,
Loughborough LE11 3TU, UK

Loughborough University

The purpose of the study is to investigate
the effects of 4 hours sleep restriction on
participant alertness during an afternoon of
simulated driving, and whether this changes
if you have a high or low sugar snack.

Find out more online

Poster printed on 26/04/2024 Study expires on 03/08/2020

More info

by scanning the QR code
or visiting the URL

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