

# Call For Participants



Plan-it

10 min(s) to complete

Sincere Gratitude

Online Questionnaire

Online

Cardiff University

Research shows that people who start their pregnancies at a healthy weight have less chance of experiencing pregnancy-related complications compared with people of healthy weight. The aim of the Plan-it survey is to find out people's views and experiences of weight management and whether it would be possible to ask people who are overweight to delay removal of their contraceptive coil/ implant to take part in a weight loss programme prior to trying to get pregnant.

Find out more online

Poster printed on 27/04/2024

Study expires on 31/12/2019

## More info

by scanning the QR code  
or visiting the URL

# www.cfp.cc/VHOW03

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