

Call For Participants



Can taking up a new activity help our thinking skills as we age?

3 month(s) to complete

Shopping voucher

Intervention study

Edinburgh, UK

Heriot-Watt University

As we get older, some of us might experience changes in our thinking or memory skills.

Research has suggested that taking up a new activity, especially one we've never done before, might help maintain our thinking skills.

We are looking for volunteers who would be interested in taking up a new activity to better understand how that might happen.

Find out more online

Poster printed on 02/05/2024 Study expires on 01/12/2018

More info

by scanning the QR code
or visiting the URL

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