

# Call For Participants



## Daily Wellbeing and Stress Study (DWells)

- Disagree Completely  
Strongly Disagree  
Somewhat Disagree  
Somewhat Agree  
☒ Strongly Agree  
☐ Agree Completely

1 week(s) to complete

£10 Amazon voucher and Prize draw for an Apple iPad Air (64GB)

Online Questionnaire and Diary

Online

Queen Mary University of London

This study aims to measure daily wellbeing and stress levels in healthy adults over one week.

You will first complete a survey which has some questions regarding yours and your family's mental health histories, which will take around 10 mins.

After finishing the survey, you will require to complete a diary, by briefly rating your mood and daily life, using a specifically designed smartphone app several times a day for 6

Find out more online

Poster printed on 04/05/2024 Study expires on 06/07/2020

## More info

by scanning the QR code  
or visiting the URL

# www.cfp.cc/w2v813

cfp.cc/w2v813

cfp.cc/w2v813

cfp.cc/w2v813

cfp.cc/w2v813

cfp.cc/w2v813

cfp.cc/w2v813

cfp.cc/w2v813

cfp.cc/w2v813

cfp.cc/w2v813

cfp.cc/w2v813

cfp.cc/w2v813

cfp.cc/w2v813

cfp.cc/w2v813