

Call For Participants



PRACTICE HOURS EVIDENCE-
FREE CONFIDENCE /
RESILIENCE COACHING

60 min(s) to complete

Sincere Gratitude

Face to Face sessions

University Way, London E16 2RD
UK

University of East London

Free coaching sessions by Postgraduate
students in Applied Positive Psychology and
Coaching program.

Receive coaching in:
Strategy to succeed in study
Goal setting
Increasing your confidence
Building Resilience
Develop transferable skills

Find out more online

Poster printed on 03/05/2024 Study expires on 28/02/2018

More info

by scanning the QR code
or visiting the URL

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