

# Call For Participants



Mind-focusing practices and  
body image in adults aged 65  
plus

2 week(s) to complete

Prize draw 4 £50 shopping  
vouchers.

Experiment

Online

University of Southampton

This study is an online study which aims to investigate how different types of mind-focusing practices impact on how men and women aged 65 years or over think and feel about their bodies. Research on body image in adults aged 65 years and over is very limited, and it is hoped that the findings from this study will help us to shed some light on this topic, and develop appropriate interventions to improve the quality of life of people in this age category.

Find out more online

Poster printed on 20/04/2024

Study expires on 08/02/2019

## More info

by scanning the QR code  
or visiting the URL

# www.cfp.cc/XN3SO3

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