



60 min(s) to complete

Sincere Gratitude

Experiment

Online

Liverpool Hope University

All this process would involve is 1 hour and 10 minutes out of your time, and involvement in a home based 6-week intervention period (that also takes around 3 minutes of your time 3 times per week), later followed by a post-test.

Pre test and post tests will take place at Liverpool Hope University Health Science Labs and would involve a number of elements such as; surface EMG, accelerometers and be standing on a force plate too. (EMG markers will be on your dominant arm).

Find out more online

Poster printed on 07/05/2024

Study expires on 31/08/2017

More info

by scanning the QR code
or visiting the URL

www.cfp.cc /YMKAE3

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